

## COMMUNITY ADVOCACY SERVICES

Contact Megan Sobotka at 630-784-4909 or sobotkam@metrofamily.org

## **Trainings & Presentations**

Domestic abuse impacts all sectors of society—work places, health care and childcare facilities, civil and criminal justice systems, faith communities, neighborhoods, and of course, individuals and families. We can all do something to help people affected by abuse, and help prevent it from happening. If you'd like to get involved but aren't sure how, we can help. We offer customized trainings and presentations in many shapes and sizes.

## **Domestic Violence Consultations**

Are you an employer who is wondering how to address domestic abuse in your workplace or how to help an employee? Maybe you are a health care provider worried about a patient and unsure of what your role should be. Whether your question is specific or general, we can help by providing a consultation regarding the challenges people may face related to domestic abuse and provide resources, safety planning and options. *If your question is urgent, please contact our 24/7 Hotline at 630-469-5950.* 

## In Her Shoes Presentation

We provide a Domestic Violence 101 training paired with the In Her Shoes activity. In Her Shoes® is designed for experiential learning about domestic violence. Participants work through stations moving, acting, thinking, and making choices as if they are a person experiencing an abusive relationship.